# Lambeth LEARNING DISABILITY FORUM NEWSLETTER

Issue 7

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Contact us at: forumnewsletter@outlook.com

## Launch of Treat Me Well Campaign in Lambeth!





After many visits to the Forum, Royal Mencap have helped launch the Treat Me Well Campaign in Lambeth.

Leroy and Victoria hosted 2 workshops in April about 'Knowing your Rights' and what it means to 'Campaign'.

The Campaign is about improving the experience of people with learning disabilities in hospitals.

Working along side Carrie Anne, Learning Disability Specialist Nurse at Guy's and St. Thomas' Hospital, we're hoping to help make information easy to read, offer training to health professionals and makes things better for people who use Guys and St. Thomas's services.

If you would like to get involved please get in touch with Laura or Jane at the Lambeth Learning Disability Assembly/Forum.









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### 12 March Forum

### March's Forum was at WE ARE 336

Anne and Derek from Safer Transport Lambeth Police came to the forum and told us how to be safe on transport and on the street.

They said to look confident on the street and be safe





Victoria and Lloyd from Royal Mecap told us about the Treat Me Well Campaign and Workshops that they are holding this April.

The campaign is about getting better treatment in hospitals.



Natalia from Healthwatch gave out the Healthwatch Survey asking people to tell them about their health and care services in Lambeth.

Please pick one up at the Healthwatch office if you would like to participate.



Rosa visited us to tell us about the Local Care Records (LCR) and how some of our health records will be shared with our social care providers to help us get a better service in the future.



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### **14 May Forum**

## May's Forum was hosted at Lambeth Walk Day Centre

Richard is doing a research course and explained to us how a survey can be part of doing research.

We all did a pretend survey in pairs to see what it was like.





Abs told us about all the activities Intosport offer. They want to develop new activities so suggestions are welcome if you have idea's.

Abs told us her about her new role at DASL where she will be managing Intosport, the Hatecrime Project and the Stroke Choir. She also tols us about the DASL radio slot and invited us to be on the radio!

Anne and Ian from Safer Transport Police told us about the big bus days in Lambeth.
Anne reminded us about being safe on transport.



### **Dates for your Diary:**

- 4 June, Assembly AGM Meeting at WE ARE 336, 10:30 2:30pm
- 10 June, LET'S DANCE at POP Brixton, FREE
- 8 July, <u>LET'S DANCE</u> at POP Brixton, FREE
- 27 June, 100 Years of Celebrating Learning Disability Nursing



It is sad news that Lambeth Mencap is closing after over 60 years of supporting people with learning disabilities. They gave people the opportunity to do things they wouldn't be able to do on their own; like going out to places, 25+ Club, holidays, day trips, Sunday lunches, Keep Fit classes, etc, etc.

They also started up a the Multi Activity Centre (MAC) in Tulse Hill, a different kind of place for people to go and enjoy themselves and learn life skills during the day.

Another success was the Carousel Project, providing specially designed activities for people with profound and multiple learning disabilities (PMLD), like Rebound Therapy and Storytelling.

"It will be sadly missed as it felt like you were part of a family" says Maggie Brennan a long standing member of Lambeth Mencap.

Some of the activities are hoping to continue with different people running things. Watch this space and we will keep you updated!



Richard Keegan Bull's tribute to Jean Vanier, the founder of L'Arche, who died this year at age of 90.



I lived at L'Arche for the past 13 and Jean Vanier many times. The first time I didn't know what to expect. I found a tall man who was very easy to be with, very loving and very caring. He was very gentle and made me feel at ease.

After that first meeting he always remembered my name, "Hello Richard". There are thousands of people in L'Arche, 146 communities all over the world, but he remembered me. I felt he really cared about me and what I was up to. He made me feel I could do things.

Once after one of his talks I asked him "What is the future of L'Arche?", and he looked at all of us in the audience and he said "You are the future of L'Arche". He didn't just talk to you, he really looked at you, and his words came from his warm heart.

We are sad that Jean has died but we should be happy too for the life he has given to so many people all over the world.

What I will remember is a tall man in a blue coat who always had time for me, and made me feel loved.